

Questions to Ask Your Doctor About Surgery

1. Is MIP an option for my ventral hernia?
2. What are the benefits of MIP?
3. What are the risks of MIP?
4. How many MIP surgeries for hernia have you performed?
5. How long will it take me to recover from having my hernia repaired?
6. When will I be able to leave the hospital?
7. When can I resume my normal activities, including school, work, exercise, sexual activity, and recreation?

If you're not satisfied with the responses you receive, consider asking for a second opinion. You are an integral part of your healthcare team and you should feel comfortable with the selected treatment and surgeon.

Remember that while your primary care physician may not be familiar with the term "MIP," he or she should be familiar with the phrase "Minimally Invasive Procedure."